IILM Center for Emotional Intelligence
Tap energy and create synergy

ABOUT US
IILMCEI focus is on spreading positivity, happiness and preventing mental health issues/problem in the society. This center is unique in its approach and application of Emotional Intelligence (EI) to all age groups for healthy and happy life. Scientific evidence indicates that emotions drive and fuel the life with positive energy, enthusiasm and well-being. EI is a critical skill to understand and manage self and others to ensure higher performance at the workplace. The vision of IILMCEI is to Create Healthy and Compassionate Society by Using the Power of Emotions. The mission of IILMCEI is to educate and train people to develop and apply their emotional intelligence for happy, successful, enriching and fulfilling life and to disseminate the scientific knowledge of EI for well-being, trusting and sustainability of society at large.

WHAT WE DO?

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<th>Need based/ customized EI training</th>
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Forthcoming Sessions For Faculty

May 28, 2019:
Power of Emotions For Empowering Self And Others

July 20, 2019:
EI For Creating Emotionally Intelligent Classrooms

November 9:
EI For Prevention And Management of Stress

December 21
EI For Happiness, Health And Success

Forthcoming Sessions For Students

August 9:
Power Of Emotions For Self And Others

September 20:
EI For Happiness, Health And Success

October 19:
EI For Conflict Resolution

What Have We Done So Far?

20th April, 2019:
Creating Emotionally Intelligent Classrooms

9th April, 2019:
EI For Career Success And Happiness

6th March, 2019:
EI For Happy Life

OUR TRAINERS

Prof. (Dr.) Abha Singh, is Director IILM Center for Emotional Intelligence. Prof. Singh has more than 24 years of professional experience in teaching, training, research, psychometric testing, academic administration and approximately 35 National and International Publications as author and co-author and researches in the fields of Psychology, Management, Behavioural Science, Organizational, Cognitive, Positive Indigenous, Psychology, yoga and Spiritual Science. She is a trained Professional Psychologist and has conducted more than 120 Behavioural Skills Training Programmes for 5,370 people in the area of Self Awareness, Empowerment, Positive Attitude, Conflict Management, Leadership, Personality Enhancement, Interpersonal Skills, Effective Communication skills, Emotional Intelligence. Conducted Training Programmes for approx. 52,415 Police Personnel, Paramilitary Force for Behavioural Skills and Personality Enhancement Programme for Delhi, UP & Rajasthan Police comprising of newly recruits of Police Training College.

Dr. Parnika Sharma is a trainer with the Center for Emotional intelligence. She has more than 10 years of multifaceted experience in training & teaching and has done her PHD in positive psychology and has ample experience in providing counseling and training services to youth. She has done emotional intelligence training for senior officers of ONGC, CRPF, BPR&D, BSF and has conducted number of training programs on leadership, motivation, positive attitude, anger management and personality development for election commission of India, Delhi Police, Uttar Pradesh Police, Axis Bank, Allahabad Bank, Union Bank and State Bank of India.